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# Fast Facts

BULLETIN 101 | FRIDAY, AUGUST 1, 2025

## Understanding Paid Sick Days



## Understanding Paid Sick Days in Ontario: A Guide for Employers

One of your workers calls out sick before their shift - are they entitled to paid sick days? In this commonplace situation, it is vital to understand laws around paid sick days in Ontario and be able to communicate them effectively, no matter how big or small the business is. Our most popular blog, 'Understanding Paid Sick Days in Ontario', breaks down the rights and responsibilities for both you and your employees.

— [Click here to read the blog](#)

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As we head into the long weekend, our team at HR Performance & Results would like to wish everyone a fun and joyful long weekend!

## Upcoming Training

### Essentials of Supervision

HR Performance & Results is pleased to present the Essentials of Supervision workshop series. This six-week workshop is offered in a hybrid model allowing participants to choose to attend in-person at our 151 Ferris Lane office, or virtually via Zoom.

The purpose of our Essentials of Supervision workshop is to assist supervisors in gaining the confidence and knowledge in becoming an effective supervisor and to provide practical tips and strategies for immediate application in their workplaces.

All our workshops are based on adult learning principles incorporating discussion, individual and group exercises, and lecture style. Each participant will receive a participant manual including tools and resources that can be used as a reference guide in their workplace.

For further information or to register, please contact Nicole Vanderpost, CHRP at [nicole@hrpar.ca](mailto:nicole@hrpar.ca).

**DATE & TIME:**

September 17 - October 29, 2025

8:30 a.m. - 12:30 p.m.

**LOCATION:**

HRPAR Office or virtually (Zoom)

**PRICE:**

\$2,500.00 (+HST)

# Visit Our Website >

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## LOCATION

151 Ferris Lane, Suite 401, Barrie, ON, L4M 6C1

**Barrie** (705) 719-7962

**Toronto** (416) 987-4163

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## OFFICE HOURS

**Monday - Friday** 8:30 AM - 5:00 PM

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