



Fast Facts

Raising Awareness

BULLETIN 93 | FRIDAY, FEBRUARY 14, 2025

Anti-Bullying Day



Pink Shirt Day, also known as Anti-Bullying Day, is observed on the last Wednesday of February each year in Canada. This year, Pink Shirt Day will take place on February 26.

A movement that began in a small-town school in Nova Scotia in 2007 has grown into a global movement to raise awareness about bullying in schools and workplaces, both in-person, and online. On this day, you can encourage your employees to wear pink as a symbol of commitment to empathy and standing against all forms of bullying in your workplace.

Did you know? Workplace bullying is usually seen as acts or behaviours that could psychologically hurt or isolate a person in the workplace. Employers are responsible to ensure that employees are trained on workplace violence and harassment, including bullying, and to promote a workplace of workplace respect and civility. Click [here](#) to explore the different courses we offer on health and safety in the workplace, including workplace harassment, violence, and bullying.

As we head into the long weekend, our team at HR Performance & Results would like to wish everyone a safe and happy Family Day long weekend!

Upcoming Training

Why Can't I Just Fire Them?

You can fire them - but it will cost you!

During this practical, interactive workshop, participants will learn how to manage the risks associated with managing difficult employment related matters and possible termination outcomes.

Agenda:

- Employment Standards Act and Common Law
- Managing difficult employment related matters and possible termination outcomes
- Absenteeism, Accommodation and Employees with Mental Health, Drug and Alcohol issues
- Harassment and workplace violence
- Performance related issues
- Grounds for Cause
- Strategies to Minimize Risks

DATE & TIME:

Friday, March 7, 2025
9:00 a.m. - 12:30 p.m.

LOCATION:

Virtual (Zoom)

PRICE:

\$525.00 (+HST)

REGISTER NOW

How to Ensure Employees Get Along - Effective Conflict Resolution

A Skill That Every Supervisor Needs!

Conflict in any workplace is inevitable. It's how you manage and resolve the conflict that determines the impact on your workplace culture and ultimately the retention of your employees. In this workshop, participants will learn effective conflict resolution skills that they can immediately apply in the workplace.

Agenda:

- Introduction to conflict
- The causes and impact of conflict in the workplace
- The role of managers and supervisors in managing conflict
- Strategies to deal with conflict and practically apply them

DATE & TIME:

Friday, April 11, 2025

9:00 a.m. - 12:30 p.m.

LOCATION:

TBD

PRICE:

\$525.00 (+HST)

REGISTER NOW

Blog



JANUARY 15, 2025

EMPLOYEE ISSUES

Seasonal Depression in the Workplace: Symptoms and Support

Do you feel down during the winter months? The days are shorter, the holidays have ended, and the weather can be unpredictable and gloomy. It's relatively common to be affected, but for some, it can be far more debilitating. With the emerging focus and recognition of a global mental health crisis, it's critical to identify the factors that may be taking a toll on our workplaces...

— [Read More](#)

Visit Our Website >





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OFFICE HOURS

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