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# Fast Facts

Raising Awareness

BULLETIN 94 | MONDAY, MARCH 3, 2025

## International Women's Day

International Women's Day (March 8) is recognized globally to celebrate the contributions and achievements of women across all spheres of life. This day also serves as a reminder of the importance of gender equity and the ongoing advocacy for equal rights. As an employer, we can play a crucial role in fostering an inclusive workplace where everyone thrives. By embracing diversity, we can create a more dynamic and innovative work environment while also contributing to a fairer society.

This year, the [Government of Canada](#) has chosen "Strength in every story" as the theme, emphasizing the importance of elevating the voices of all women, especially those who continue to face barriers. Click [here](#) to find some International Women's Day events happening near you, both in-person and virtual.

To explore the different courses we offer on diversity, equity, and inclusion, click [here](#).



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## Upcoming Training

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### Why Can't I Just Fire Them?

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*You can fire them - but it will cost you!*

During this practical, interactive workshop, participants will learn how to manage the risks associated with managing difficult employment related matters and possible termination outcomes.

**DATE & TIME:**

Friday, March 28, 2025  
9:00 a.m. - 12:30 p.m.

**LOCATION:**

Virtual (Zoom)

**PRICE:**

\$525.00 (+HST)

REGISTER NOW

## How to Ensure Employees Get Along - Effective Conflict Resolution

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*A Skill That Every Supervisor Needs!*

Conflict in any workplace is inevitable. It's how you manage and resolve the conflict that determines the impact on your workplace culture and ultimately the retention of your employees. In this workshop, participants will learn effective conflict resolution skills that they can immediately apply in the workplace.

**DATE & TIME:**

Thursday, April 10, 2025  
9:00 a.m. - 12:30 p.m.

**LOCATION:**

Barrie, ON

**PRICE:**

\$525.00 (+HST)

REGISTER NOW

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**DATE & TIME:**

Friday, April 11, 2025  
9:00 a.m. - 12:30 p.m.

**LOCATION:**

Vaughan, ON

**PRICE:**

\$525.00 (+HST)

[REGISTER NOW](#)

## Blog

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JANUARY 15, 2025

EMPLOYEE ISSUES

### Seasonal Depression in the Workplace: Symptoms and Support

Do you feel down during the winter months? The days are shorter, the holidays have ended, and the weather can be unpredictable and gloomy. It's relatively common to be affected, but for some, it can be far more debilitating. With the emerging focus and recognition of a global mental health crisis, it's critical to identify the factors that may be taking a toll on our workplaces...

— [Read More](#)

## Visit Our Website >

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### LOCATION

151 Ferris Lane, Suite 401, Barrie, ON, L4M 6C1

**Barrie** (705) 719-7962

**Toronto** (416) 987-4163

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### OFFICE HOURS

**Monday - Friday** 8:30 AM - 5:00 PM

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