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# Fast Facts

BULLETIN 112 | FRIDAY, FEBRUARY 13, 2026

## Pink Shirt Day

Pink Shirt Day, also known as Anti-Bullying Day, will be observed on February 25 this year. Originating from a student-led act of solidarity against bullying, this day now serves as a reminder to foster kindness and respect, while raising awareness about bullying.

We encourage you to pause and reflect on how our everyday actions contribute to a safer, more respectful workplace. On this day, you can urge your employees to wear pink as a symbol of their commitment to empathy and standing against all forms of bullying, including online.

**Did you know?** Workplace bullying is usually seen as acts or behaviours that could psychologically hurt or isolate a person in the workplace. Employers are responsible to ensure that employees are trained on workplace violence and harassment, including bullying, and to promote a workplace of respect and civility. Click [here](#) to explore the different courses we offer on health and safety in the workplace, including workplace harassment, violence, and bullying.

As we head into the long weekend, our team at HR Performance & Results would like to wish everyone a safe and happy Family Day long weekend!

## Events Calendar



# Essentials of Supervision

WORKSHOP SERIES

During this 6-part workshop series, participants will gain the confidence and knowledge in becoming an effective supervisor. Learn practical tips and strategies for immediate application in your workplace.

## DATE & TIME:

May 14 - June 18

8:30 AM - 12:30 PM

## LOCATION:

Virtually (Zoom)

HRPAR Office

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## Blog



FEBRUARY 13, 2026

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### What to do After Receiving a Workplace Harassment Complaint

A workplace harassment complaint may be the last thing an employer would expect, especially if their team works well together. The truth is that workplace harassment continues to be a prevalent issue across Canada. According to...

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#### LOCATION

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Barrie (705) 719-7962

Toronto (416) 987-4163

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#### OFFICE HOURS

Monday - Friday 8:30 AM - 5:00 PM

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