



Fast Facts

BULLETIN 113 | FRIDAY, FEBRUARY 27, 2026

International Women's Day



**INTERNATIONAL
WOMEN'S DAY**



Canada



International Women's Day (March 8) is an opportunity for employers to reflect on the progress made towards gender equity and the ongoing advocacy for equal rights. Recognized globally, this day celebrates the contributions and achievements of women across all areas of life. As an employer, we play a crucial role in fostering an inclusive workplace where everyone can thrive. By embracing diversity, we not only strengthen our teams but also contribute to a more dynamic, innovative, and equitable society.

This month, let us recommit to practices that create equitable pathways for all employees, and review our policies to ensure they truly support inclusion. Even small, consistent actions - such as mentorship programs and flexible work options - can have a lasting impact.

Below are some resources you may want to explore or share with your team:

- **Free Webinar - [Thriving at Work: Prioritizing Women's Mental Wellnes](#)**

This session moves beyond awareness to action - equipping leaders, teams, and individuals with concrete strategies, tools, and resources to foster mental wellness for women at work

- **Find Local and Virtual IWD Events**

Click [here](#) to explore International Women's Day events happening near you, both in-person and virtual.

- **Explore our DEI courses**

Click [here](#) to learn more about the different courses we offer on diversity, equity, and inclusion.

Events Calendar



Essentials of Supervision

WORKSHOP SERIES

During this 6-part workshop series, participants will gain the confidence and knowledge in becoming an effective supervisor. Learn practical tips and strategies for immediate application in your workplace.

DATE & TIME:

May 14 - June 18

8:30 AM - 12:30 PM

LOCATION:

Virtually (Zoom)

HRPAR Office

[CLICK HERE TO REGISTER](#)

Interested in customized training programs for your company? [Click here to learn more!](#)

Blog



FEBRUARY 13, 2026

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What to do After Receiving a Workplace Harassment Complaint

A workplace harassment complaint may be the last thing an employer would expect, especially if their team works well together. The truth is that workplace harassment continues to be a prevalent issue across Canada. According to...

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LOCATION

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OFFICE HOURS

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