



# Fast Facts

BULLETIN 114 | THURSDAY, MARCH 26, 2026

## Where HR Meets Cybersecurity

*I almost clicked on a password reset email from Microsoft this week - except it wasn't from them. The sender was 'rnicrosoft,' and for a moment, I didn't even catch the difference.*

### Your Cyberspace Survival Kit

Here are the 3 best practices that can help keep you and your organization safe from cyberattacks. Refer to our [blog](#) to know more about how to protect yourself against cyberthreats.

- Enable Multi Factor Authentication (MFA) everywhere - yes, even on that app you only open twice a year.
- Update your software regularly - attackers love “vulnerabilities” in software; don't give them a chance to exploit it.
- Educate and train your employees on cybersecurity - awareness is still the most effective security tool you have.

### Fraud Trends to Watch Out For

[According to Statistics Canada](#), the rate of police-reported cybercrime in recent years has more than doubled since 2018. Nearly half of all cybercrimes were fraud-related, and when you include identity theft, identity fraud, and extortion, these scams made up 62% of all cybercrime incidents.

With attackers leveraging new technologies and AI, they are getting smarter and bolder. Consider this your friendly reminder to strengthen your cybersecurity policies and practices.

### Upcoming Events



#### Technology Maturity for Real Companies POPOP WEBINAR

Join us for special guest, **David Lawy**, Managing Partner and CIO at [QuantumSmart](#), as he walks business owners and HR professionals through the intersection of cybersecurity basics and AI at work.

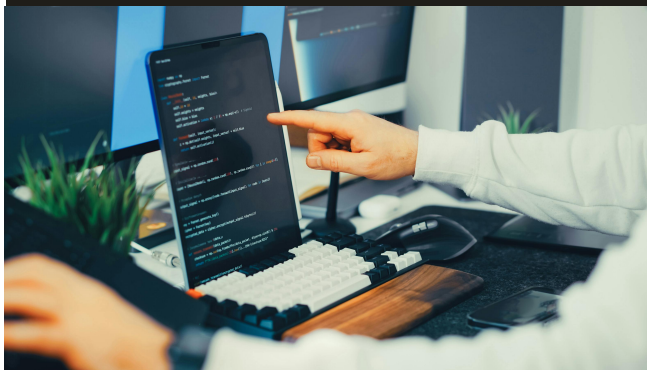


**DATE:** Thursday, April 9

**TIME:** 9:30 AM - 11:00 AM ET

**LOCATION:** Virtually (Zoom)

### Blog



MARCH 27, 2026

#### [A New Era of Cybersecurity](#)

AI THREATS & HOW EMPLOYERS CAN STAY SAFE

PRICE: \$59.00 + HST



## Essentials of Supervision

6-PART WORKSHOP SERIES

Participants will gain the confidence and knowledge in becoming an effective supervisor.

**SPRING DATES:** May 14 - June 18

**FALL DATES:** September 17 - October 29

**LOCATION:** Virtually (Zoom) & HRPAR Office

Interested in customized training programs? We have you covered. [Click here to learn more!](#)

The digitization of our world comes with many benefits, especially for businesses. However, our acceleration in technological advancements has also increased the prevalence and impact of cybercrime. As our systems continue to become more intricate and powerful, so do the tools that cybercriminals develop. It is vital for business owners to...

*“Success does not consist in never making mistakes, but in never making the same one a second time.”*

- George Bernard Shaw

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151 Ferris Lane, Suite 401, Barrie, ON, L4M 6C1

Barrie [\(705\) 719-7962](tel:705-719-7962)

Toronto [\(416\) 987-4163](tel:416-987-4163)

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