



# Fast Facts

BULLETIN 119 | MONDAY, JUNE 15, 2026

## Heat Safety and NIHM

### Resources: Heat Stress

While we enjoy the sunshine and warmer temperatures, it is important to take steps to protect employees from heat stress. Below are some tips on what you, as an employer, can do to manage heat stress in the workplace:

- Establish a “buddy system” where employees can monitor one another for signs of heat stress, since individuals may not notice their own symptoms.
- For employees working outside or in hot environments, encourage employees to wear suitable personal protective clothing, such as light, breathable garments. Remind them to drink water frequently to ensure hydration.
- Educate employees on the signs and symptoms of heat stress and of heat stroke, along with the first aid measures to follow.

Click [here](#) for more information about heat stress.

### National Indigenous History Month

National Indigenous History Month (NIHM) is celebrated every June to recognize and honour the cultures, traditions, and history of First Nations, Inuit and Métis across Canada. We encourage everyone to take time to learn and support Indigenous voices - here are some ways you can do that.

- Watch Indigenous-made films online through the National Film Board of Canada’s [Indigenous Cinema](#).
- Learn about the land you are on and its history through the [Native Land Digital](#) platform.
- Click [here](#) to learn more about the NIHM and for some resources on how you can get involved.
- To explore local events happening in Ontario, click [here](#).

### L&D Corner



#### Introduction to Diversity, Equity, and Inclusion (DEI)

The purpose of this program is to provide you with an introduction to diversity, equity and inclusion and provide you with practical strategies for creating a workplace culture of belonging.

[Click here to learn more about this course.](#)

### Blog





## Uncovering Your Unconscious Bias

The purpose of this program is to provide an overview of discrimination under the Ontario Human Rights Code, unconscious bias, and practical tips and strategies on how to identify, reduce, and eliminate your unconscious biases.

[Click here to learn more about this course.](#)

SEPTEMBER 12, 2025 | HUMAN RESOURCES

### DEI

3 WAYS IT SUPPORTS BUSINESS GROWTH IN EVOLVING TIMES

DEI stands for Diversity, Equity, and Inclusion. It is also known as EDI, or DEIB when efforts are made to encourage belonging. From an employment perspective, DEI is intended to...

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