



Fast Facts

BULLETIN 120 | TUESDAY, JUNE 30, 2026

Injury Prevention in the Workplace

Injury Prevention Facts

On July 6 this year, we will be recognizing the 10th Canadian Injury Prevention Day, which serves as a reminder that many workplace injuries are preventable with the right tools, education, and training.

DID YOU KNOW?

WSIB Ontario reported the following as of May 31, 2026:

- The most common workplace injuries are sprains and strains.
- Lower back is the most frequently affected part of the body.
- Employers have paid \$1.16B in premiums across Ontario.

Click [here](#) for further details.

Health and Safety Resources

As an employer, what can you do to support your team this Canadian Injury Prevention Day and beyond?

- Review and update your organization's health and safety policies.
- Train your employees on the health and safety policies.
- Remind employees to report any hazard they notice, including near misses or unsafe conditions.
- Besides new employees, ensure those returning to work after a leave of absence have received proper orientation and understand their rights and responsibilities.
- Build a work environment where employees feel heard and comfortable bringing forward their concerns.

Upcoming Events



Essentials of Supervision 6-PART WORKSHOP SERIES

Participants will gain the confidence and knowledge in becoming an effective supervisor.

DATE: September 16 - October 28

TIME: 8:30 AM - 12:30 PM

LOCATION: HRPAR Office or virtually (Zoom)

OJG funding for 2026-27 is now open. If you are interested in applying, please reach out to us - we would be happy to help!

Blog



APRIL 27, 2026 | HEALTH AND SAFETY

[Workplace Health and Safety](#)

REQUIREMENTS FOR ALL EMPLOYERS

“Act as if what you do makes a difference.
It does.”

- William James

It can be easy to dismiss workplace accidents or incidents as rare or something that couldn't happen to your workplace. However, failure to comply with health and safety legislation can be catastrophic...

Visit Our Website >



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